



# NEWPORT GP 2019

INCORPORATING NATIONAL SPRINTERS LEAGUE

NOV 16 | 9AM | THE GRAINT THOMAS NATIONAL VELODROME

## Event Regulations & Competition Programme

### 1. General Rules

42 Degrees Coaching is proud to bring you Newport GP 2019. We are in our sixth year and again this year, we are holding the final round of the British Cycling National Sprinters League on Saturday 16<sup>th</sup> November 2019. This event may be contested by riders entered via the British Cycling event entry system. The following disciplines may be contested in the following categories by both male and female athletes for BC points where applicable:

Male Sprint	Female Sprint	Male Endurance
200m TT	200 TT	Points
A Sprint (NSL)	A Sprint (NSL)	Scratch
B Sprint	B Sprint	Elimination
C Sprint		Unknown Distance
Keirin – Support Races	Keirin – Support Races	Newport GP Scratch

### 2. Event Regulations

#### Sprint

The best 12 riders in the qualifying round shall contest the 'A Sprint' and therefore be eligible for points in the 2018 National Sprinters League. The remaining shall contest 'B Sprint' and 'C Sprint' if required. All riders wishing to do so may also compete in the Keirin support race.

The competition shall at least include:

- o 12 riders;
- o A 200 meters time trial, flying start;
- o 1/4 finals, straight;
- o 1/2 finals, straight;
- o Finals 3rd-4th and 1st-2nd, straight.

#### Scratch Race

The competition will be conducted in accordance with the bylaws and run as a straight final.

#### Points Race

The competition will be conducted in accordance with the bylaws and run as a straight final.

#### Keirin – Support Races

The competition will be conducted in accordance with the UCI Regulations (Text modified on 14.10.2016)

#### 3.2.134

Riders compete in a sprint after completing a number of laps behind a motorized pacer who leaves the track **3 laps to go (250 m tracks)**. For other track sizes the motorized pacer should leave the track closest to 750m from the finish. The event is run over a number of laps closest to 1.5 km.

#### 3.2.135

The competition shall be organised as shown in the following table:

Track Length	No. of Laps	PACER (No. of laps to the finish)
250m	6	3

#### 3.2.137

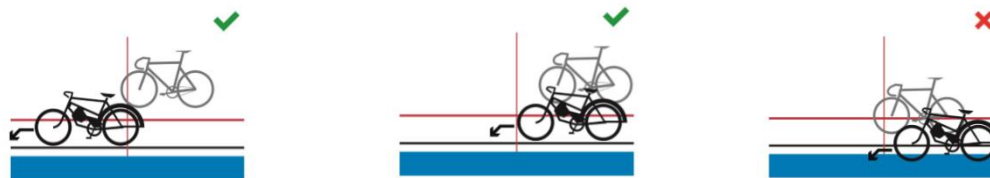
The pacer shall ride within the sprinter line, starting at 30 km/h and shall gradually increase speed to 50 km/h which should be **reached at the latest when leaving the track, after the pursuit line on the home straight, 3 laps to go (250 m tracks)**.

3.2.139

The start shall be given when the pacer approaches the pursuit line in the sprinters' lane. **At the start, riders shall take their positions determined by the draw, directly behind the pacer** for at least the first lap, failing which the race shall be stopped and riders **that failed to comply shall be** disqualified. In the restart, the **remaining riders shall again take their same relative positions** behind the pacer.

3.2.140

In the case when one or more riders pass the **leading edge of the front** wheel of the pacer before **the pursuit line when** he leaves the track, the race will be stopped and rerun without the rider(s) at fault, which will be disqualified.



### 3. Eligibility & Regulations – Sprinters League

As stated within British Cycling Regulations for National Sprinters, Womens Omnium and Endurance Hard Track Leagues

#### 1. Eligibility

- 1.1. Each competition shall be open to any rider who qualifies by age and who holds a valid competition licence issued by British Cycling or by any other national federation recognised by the UCI. Day licences are not available for this competition.
- 1.2. Riders shall be selected by the organiser of each league round, giving priority to those already figuring in the current relevant series standings.

#### 2. Series Format

- 2.1 In each competition series points shall be awarded to the first twelve placed riders in each round (endurance league first six placed riders) as follows:

Place	Points	Place	Points	Place	Points	Place	Points
1	18	4	12	7	6	10	3
2	16	5	10	8	5	11	2
3	14	6	8	9	4	12	1

- 2.2 The overall result of each series shall be determined by the points total achieved by each rider, with all rounds to count. In the case of a tie on total points at the end of the competition the affected riders shall be placed equally
- 2.3 Where a round is postponed and subsequently rescheduled, it shall continue to count towards the national series, provided that: a) Minimum notice of one month is given of the rearranged date. b) In the case of the Sprinters' Leagues or Women's Omnium, the original competition had not reached such a stage that an official result had been declared. (see 'incomplete meetings' specific regulations below). Where a League round is rescheduled it shall be treated as a new event, and therefore additional entries may be accepted.

#### 3. Sprinters' League Eligibility

- 3.1 Separate Sprinters' Leagues shall be organised for male and female riders.
- 3.2 The competitions shall be open to any senior or junior riders; Youth A riders may also compete at the discretion of the chief commissaire.

## 4. Competition Format

4.1 The format to be followed at all meetings shall be as follows:

- i) 200m Qualifying TT Fastest 12 to round 1
- ii) First round; 6 x 2 up heat 1: 1 st v 12th heat 2: 2 nd v 11th heat 3: 3 rd v 10th heat 4: 4 th v 9th heat 5: 5 th v 8th heat 6: 6 th v 7th Winner goes through to round 2, rest to repechages.
- iii) First round repechages; 2 x 3up repechage 1: 2 nd heat 1; 2nd heat 4; 2nd heat 6. repechage 2: 2 nd heat 2; 2nd heat 3; 2nd heat 5. Winners through to round 2, rest go out.
- iv) Second round; 4 x 2 up heat 1: 1 st heat 1 v 1 st repechage 2 heat 2: 1st heat 2 v 1st repechage 1 heat 3: 1st heat 3 v 1 st heat 6 heat 4: 1st heat 4 v 1 st heat 5 Winners go to semi final, others to minor final.
- v) Semi Final 2 x 2 up s-final 1: 1st heat 1 v 1st heat 4 s-final 2: 1st heat 2 v 1st heat 3 Winners go to final, others to 3rd/4th final
- vi) Minor final 1x4up.
- vii) 3 rd/4th Final 1 x2up
- viii) Final 1x2up.

4.2 Where there are less than 12 entrants, the format to be used shall be agreed with BCHQ.

4.3 The distance of each sprint match shall be approximately 750 metres.

4.4 The top eight placings in each round shall be determined by the result of the finals and minor final. 9th -12th place shall be determined by the order of the 200m time trial result of those not progressing beyond the first round repechage

## 7. Incomplete Sprint Meetings.

All National Sprinters' League rounds shall commence and be completed within the same track meeting. In circumstances where a National Sprinters' League round has progressed beyond the round one repechages but then cannot be completed within the track meeting due to inclement weather, or any other reason, league points (as shown in item 2.1) will be spread equally amongst those riders yet to be placed. Any prize money due shall be split in the same manner. Where the meeting has not progressed beyond the completion of the first round repechages the round will either be postponed or cancelled and no points or prizes allocated. In instances where a League round is rescheduled the competition shall recommence with the qualifying time trial round; additional entries may be accepted.

## Competition Programme

**Saturday 16<sup>th</sup> November 2019**

9:00am	SPRINT Signing On Opens
9:40am	SPRINT Signing On Closes
9:40am	Organiser, Commissaires & Management Meeting
9:55am	SPRINTERS Rider Briefing
10:00am	Track Open – Warm Up
<b>10:30am</b>	<b>Competition Starts</b>
9:30am	ENDURANCE Signing On Opens
10:00am	ENDURANCE Signing On Closes
<b>12:00pm (approx.)</b>	<b>Endurance Events Starts</b>
7:00pm (approx.)	Competition Finishes

Event	M/W	Category	Race	Competition
<b>Competition Duration 10:00hrs – 19:00hrs (approx)</b>				
1	W	S	200m Qualifying	Qualifying A & B Sprints
2	M	S	200m Qualifying	Qualifying A, B & C Sprints
3	M	E	Scratch Race	Final - 10 km, 40 Laps
4	W	S	Sprint	A Sprint 1-12 (6 x 2 up) – Losers To Repechage
5	M	S	Sprint	A Sprint 1-12 (6 x 2 up) – Losers To Repechage
6	M	S	Sprint	B Sprint 13-24 (6 x 2 up) – Losers To Repechage
7	M	S	Sprint	C Sprint 25-34 (5 x 2 up) – Losers To Repechage
8	W	S	Sprint	A Sprint Repechage (2 x 3 up) – Winners To Rd 2, Losers To <b>B Sprints</b>
9	M	S	Sprint	A Sprint Repechage (2 x 3 up) – Winners To Rd 2, Losers To Keirin Support Race
10	M	S	Sprint	B Sprint Repechage (2 x 3 up) – Winners To Rd 2, Losers To Keirin Support Race
11	M	S	Sprint	C Sprint Repechage (1 x 2 up & 1 x 3 up) – Winners To Rd 2, Losers To Keirin Support Race
12	W	S	Sprint	B Sprint 9-21 (5 x 2 up & 1 x 3 up) – Losers To Repechage
13	W	S	Sprint	B Sprint Repechage (1 x 3 up & 1 x 4 up) – Winners To Rd 2, Losers To Keirin Support Race
14	WP	TT	500m TT	Final
15	M	E	Points Race	Final - 10 km, 40 Laps (points every 10 laps)
<b>LUNCH BREAK</b>				
16	W	S	Sprint	A Sprint – 2 <sup>nd</sup> Round (4 x 2 up) – Winners to Semi Finals, Losers to Minor Finals
17	W	S	Sprint	B Sprint – 2 <sup>nd</sup> Round (4 x 2 up) – Winners to Semi Finals, Losers to Minor Finals
18	M	S	Sprint	A Sprint – 2 <sup>nd</sup> Round (4 x 2 up) – Winners to Semi Finals, Losers to Minor Finals
19	M	S	Sprint	B Sprint – 2 <sup>nd</sup> Round (4 x 2 up) – Winners to Semi Finals, Losers to Minor Finals
20	M	S	Sprint	C Sprint – 2 <sup>nd</sup> Round (4 x 2 up) – Winners to Semi Finals, Losers to Minor Finals
21	M	E	Elimination	Final – first lap free and then 1 out every other lap

22	W	S	Sprint	A Sprint Semi Final (2 x 2 up)
23	W	S	Sprint	B Sprint Semi Final (2 x 2 up)
24	M	S	Sprint	A Sprint Semi Final (2 x 2 up)
25	M	S	Sprint	B Sprint Semi Final (2 x 2 up)
26	M	S	Sprint	C Sprint Semi Final (2 x 2 up)
27	WP	IP	3km Individual Pursuit	Final
28	M	E	Unknown Distance	Final
29	M	S	Keirin – Support Race	Final - for those no longer in A sprint competition
30	M	S	Keirin – Support Race	Final - for those no longer in B sprint competition
31	W/M	S	Keirin – Support Race	Final - for those no longer in BW & CM sprint competition
32	W	S	Sprint	A Sprint Minor Final (1 x 4 up)
33	W	S	Sprint	B Sprint Minor Final (1 x 4 up)
34	M	S	Sprint	A Sprint Minor Final (1 x 4 up)
35	M	S	Sprint	B Sprint Minor Final (1 x 4 up)
36	M	S	Sprint	C Sprint Minor Final (1 x 4 up)
37	W	S	Sprint	A Sprint 3 <sup>rd</sup> /4 <sup>th</sup> Final (1 x 2 up)
38	W	S	Sprint	B Sprint 3 <sup>rd</sup> /4 <sup>th</sup> Final (1 x 2 up)
39	M	S	Sprint	A Sprint 3 <sup>rd</sup> /4 <sup>th</sup> Final (1 x 2 up)
40	M	S	Sprint	B Sprint 3 <sup>rd</sup> /4 <sup>th</sup> Final (1 x 2 up)
41	M	S	Sprint	C Sprint 3 <sup>rd</sup> /4 <sup>th</sup> Final (1 x 2 up)
42	W/M	S	Scratch – Support Race	Final - for those no longer in sprint competition
43	W	S	Sprint	B Sprint Final (1 x 2 up)
44	W	S	Sprint	A Sprint Final (1 x 2 up)
45	M	S	Sprint	C Sprint Final (1 x 2 up)
46	M	S	Sprint	B Sprint Final (1 x 2 up)
47	M	S	Sprint	A Sprint Final (1 x 2 up)
48	M	E	Newport GP Scratch Race	Final - 25 km, 100 Laps
Finish				

## General Information

Sign on will be held in Track Centre. Please make sure that you have your British Cycling licence ready and that your licence has a photo of yourself, is signed and also completed with the relevant emergency contact information. Spot checks are carried out by commissaires and the commissaires reserve the right to pull you from the competition if you cannot provide all the required information.

### Sprinters

Please note your sign on time and ensure that you are fully warmed up and ready to go for the start of the event at 10.30am.

### Endurance

Please note you have a separate sign on time to the sprinters. You can however sign on at any point should you arrive at the velodrome earlier.

We do have around 80 riders competing and space may be limited. With this in mind, can I ask that track centre is for RIDERS and event helpers only. There is ample seating for spectators with great views of the racing in the stands. Anyone that is not racing but would like to volunteer a helping hand, please let me know - there will be plenty of riders who would like a holder and events that will require additional eyes on the line.

Licences not collected after the meeting will be subject to a £10 charge to return.

If you wish to query the result of a race, this needs to be made within 5 minutes of the completion of said race. All queries must be made directly to Kyleigh Manners who will take the request and detail the specifics to the Race Jury. Any and all decisions from the race jury are final.

<b>Event Organiser:</b>	Kyleigh Manners (42 Degrees Coaching)
<b>Accreditation/Sign On:</b>	Kelly Manners
<b>Chief Commissaire:</b>	Vern McClelland
<b>Assistant Commissaires:</b>	Anne Russell Neil Lawford Steve Thomas
<b>Race Jury:</b>	Kyleigh Manners, Vern McClelland and Garrie Tillett
<b>Timing Box :</b>	Newport Live
<b>Riders Whip:</b>	Kyleigh Manners
<b>Riders Liaison:</b>	Kyleigh Manners
<b>First Aid:</b>	EMW
<b>Refreshments:</b>	Cruz Café

### Thank You

To all of you that have entered. The popularity of this event has grown every year and this year we have again a record number of sprinters entered. I love this meeting and you have supported it to become bigger and better than ever before, so a HUGE THANK YOU to every single one of you.

Thank You To Our Sponsors:    Advantage Accountancy & Advisory  
   Insight Law  
   Manuka Sport  
   Kapz  
   RN74

Huge thank you to Garrie Tillett and Tarn Fynn for all of the help and support given for this event.

Vern McClelland, Anne Russell, Neil Lawford and Steve Thomas - Commissaires, without whom we wouldn't be racing.

All helpers and volunteers - these events don't run without you generously donating your time.

### **\*\* DISCLAIMER \*\***

Timings are estimated based on entries made via the BC website. Timings may increase or decrease depending on the number of starters. Due to timing constraints, 42 Degrees Coaching Ltd reserves the right to reduce distances in the event of poor time keeping by riders, crashes or unforeseen circumstances. Full briefings will be given on race day however it is YOUR responsibility to be present when requested to race. Racing will not wait for ANY rider(s).